

**Autism Spectrum of Support (formerly OC Aspergers),
Children and Adults with Attention Deficit Disorder (CHADD),
the Orange County Department of Education and
S.U.C.S.E.S.S. Project of Orange County** proudly present



A Practical Strategies Seminar for Parents and Professionals on

Independent Organization Skills

How to teach a child to efficiently manage on their own their
Tasks, Time, Space and Materials
(and keep their emotions in check!)

From The Center for Executive Function Skill Development

Presented by **Sarah Ward, M.S., CCC/SLP** www.executivefunctiontherapy.com

Seminar Overview - for more info see <http://www.meetup.com/executivefunction/>

Do you have a child or student who has:

- Missing Homework?
- Late assignments?
- Impulse Control Difficulties?
- Problems with Organization?
- Trouble Making Decisions?

This seminar will give you practical strategies designed to be implemented for immediate improvement and long term development of key executive function skills.

Who Should Attend?

Parents: of bright children who can achieve but need additional strategies to be organized and effectively manage their time, tasks and materials

Parents: of children who have learning challenges associated with executive function based weaknesses.

Teachers: Who want to learn how to implement functional strategies into their classrooms which will foster the development of the executive function skills in their students. Verification of attendance available.

Professionals: Who work with children and adolescents who struggle to initiate, to be flexible in their thinking, to execute and complete tasks successfully and need to provide their patients and families with practical strategies.

Strategies will be given to address the needs of children from ages 5 and older. Multiple examples for younger and older children will be given.

**SEE OTHER SIDE FOR
REGISTRATION INFORMATION**



Formerly OC Asperger Support Group



CHILDREN AND ADULTS WITH
ATTENTION-DEFICIT/HYPERACTIVITY DISORDERS



S.U.C.S.E.S.S. Project
of Orange County

Saturday, May 16, 2009 ~ 9 a.m. - 3:30 p.m.

**St. Paul's Lutheran Church
1250 E. Heim Ave.
Orange, CA 92865**

Seminar Agenda

8:30-9:00 **Registration and Coffee**

9:00-9:50 **What are the Executive Function Skills?**

A brief overview and functional definition for the purpose of understanding the basis of the tools used to improve self management skills.

10:00-11:00 **Thinking and Planning Ahead**

Practical strategies for teaching students forethought, awareness and goal development skills.

11:00-12:15 **Start and Stop: Beyond the Clock**

Teaching children how to sense the passage of time, to accurately estimate how long tasks will take, change and maintain their pace, plan homework, manage long-term assignments, plan ahead and carry out routines. Concrete strategies to help your child self-initiate on tasks and also stop performing a task when they need to move on to the next task of higher priority.

12:15-1:00 **Lunch**

1:00-2:00 **Material Management**

Functional strategies to help students think in an organized way and then self-initiate and manage their clothes, backpack, papers and personal belongings. Techniques to help students maintain personal and shared living and work spaces.

2:00- 3:30 **Flexible Thinkers**

Everyday strategies to help children to be flexible, to see the 'gray' in situations, to develop a range of solutions to problems, and adapt to 'unexpected' change.

Registration

Register ONLINE at <http://www.meetup.com/executivefunction/>

Or mail to: Autism Spectrum of Support 1400 N. Harbor Blvd., Suite 130-5, Fullerton, CA 92835

Amount: \$65 per person

Lunch available for purchase, price \$11, includes beverage

Please include the following information if you mail your registration:

Name: _____ Phone _____

Email: _____ City _____

Purchase Lunch : Yes ___ No ___ Choose: Almond Berry Salad OR Turkey on Wheat OR Roast Beef on Croissant

*Checks or money orders only, please. Please mail payment no later than Monday, May 11, 2009
No refund without at least a 14 day notice of cancellation.*

For more information please phone CHADD at 714.490.7022

Any remaining funds from this event will fund continuing programs of Autism Spectrum of Support, CHADD and the S.U.C.S.E.S.S. Project of OC - three non-profit organizations committed to supporting and educating our community.